

COVID-19 Vaccination

Preparing for COVID-19 vaccination

Make sure your details are correct

While you wait for your appointment, there are some things you can do now to get ready.

Make sure your details are [up to date with Medicare](#). You can do this using either your:

- [Medicare online account](#) through [myGov](#)
- the [Express Plus Medicare app](#).
- calling the [Medicare program](#).

If you don't have your account set up, you can:

- [Enrol in Medicare](#), if you're not already enrolled.
- [Set up](#) your Medicare online account, if you're enrolled in Medicare, but don't have Medicare linked to myGov.
- [Get an Individual Health Identifier \(IHI\)](#), if you're not eligible for Medicare.

Once you've had your vaccine, you'll be able to get an immunisation history statement to prove your vaccination status. You can find out [how to get your immunisation history statement](#) on the Services Australia website.

New Patients To The Practice

If you have never attended our practice or it is more than 2 years since you last attended, you will be required to complete "New Patient" paperwork in advance of your appointment. These must be emailed or delivered to the surgery at least 48 hours prior to your vaccination appointment.

These forms can be downloaded from our website under the Appointments heading (New Patients: New Patient Medical History Form & Patient Privacy Consent Form) or you can collect them from the surgery if required. www.quinnsmindariesuperclinic.com.au

This is to ensure the vaccination clinic is able to run smoothly and efficiently and that the doctor is aware of your medical history, medications and allergies prior to the appointment.

Getting ready for your appointment

There is a limited supply of COVID-19 vaccines in Australia and globally. This means, people who have the highest risk of severe COVID-19 and/or exposure to the virus will receive the vaccine first. Other people will receive vaccine over time. Find out who will be prioritised for vaccination by visiting www.health.gov.au/covid19-vaccines.

You should **not** attend a COVID-19 vaccination appointment if you:

- Are unwell with fever, cough, runny nose or other symptoms that could be from COVID-19.
- Are awaiting COVID-19 test results.
- Have tested positive with COVID-19 and you are in isolation.
- Are in quarantine.
- Are a close contact of someone with COVID-19.

If you fall into any of the above categories, check with your immunisation provider. You may need to reschedule your appointment for vaccination. COVID-19 vaccines are not effective at treating COVID-19.

If you have had another vaccine in the 14 days before your COVID-19 vaccine appointment, tell your immunisation provider. Your immunisation provider may ask you to reschedule your appointment.

You are not required to test for COVID-19 before vaccination if you do not have a fever or any respiratory symptoms.

Plan ahead for two doses

It is important that you receive two doses of the AstraZeneca COVID-19 vaccine twelve weeks apart. Full protection against COVID-19 will not occur until about a week after your second dose.

What to expect at your vaccination appointment

You should bring the following to your COVID-19 vaccination appointment:

- Photo ID, if you have one.
- Medicare card, if you have one.
- Employee ID, if you are getting a COVID-19 vaccine because of your occupation.
- Information about any of your medical conditions, allergies, bleeding disorders or immunocompromised (i.e. weakened immune system).
- Information about any medications you are taking.
- Information about any previous COVID-19 vaccine received (vaccine brand and date of vaccination).

- Information about any reactions you have had to any vaccine in the past.
- Name of your current GP/s and any specialist doctors you see.
- A face mask (if required by your state/territory).

Do You Need an Appointment with Your Doctor Before Having The COVID-19 Vaccine?

The immunisation appointment is designed for those patients who have already made an informed consent to proceed with their vaccination. If you have questions that you wish to ask about the COVID-19 vaccine, other than simple questions around booster shots and possible side effects, then we recommend you make an appointment with your regular treating doctor to address all these questions first. Once you are satisfied you can make an informed consent, you may then proceed to make an immunisation appointment.

At the time of your immunisation appointment, if you still have many unresolved questions, the doctor may recommend not to proceed with the vaccination until you have had a follow up appointment to address your concerns.

Tell your immunisation provider if you have any medical conditions or if you are taking any medications. Especially make sure to tell them if you:

- Have had anaphylaxis (a type of severe allergic reaction) to any substance, or if you have an adrenaline autoinjector (e.g. EpiPen).
- Have had a reaction to any vaccine in the past.
- Have a bleeding disorder or are receiving anticoagulant therapy (a blood thinner).
- Are pregnant, breastfeeding or planning pregnancy?
- Are immunocompromised (i.e. have a weakened immune system or take immune suppressing medication).
- Have received another COVID-19 vaccine (and which brand).
- Have received any vaccine in the last 14 days.

How you will receive the vaccine

- You will receive the vaccine as an injection, most commonly into your upper arm muscle. You must remain in the vaccination clinic for observation for at least 15 minutes after vaccination. Depending on your medical history, you may be asked to wait in the clinic for 30 minutes.

How is the information you provide at your appointment used

- For information on how your personal details are collected, stored and used visit <https://www.health.gov.au/covid19-vaccines>